Understanding and Supporting Your Two-Year-Old’s Big Emotions

Join us for coffee and conversation.

Hosted by Head Teacher Rinna Sanchez-Baluyut and Teachers Lara Cardamone and Sadie Parrinello

Join us:       Friday, November 22, 2019
               1:30pm to 2:30pm

Location:      Tower House
               Bing Nursery School
               860 Escondido Road

The two-year-old year is often fraught with emotional moments, including tantrums, “NO’s,” power struggles, and resistance to adult guidance. However, these frustrating moments are important experiences for your child’s development. Your child is learning to express his/her emotions, developing the ability to self-regulate (with your help), and gaining a sense of themselves as independent beings. Join us for a conversation about how to reframe these big emotions for your little one and gain practical tips on how to best support these moments that may feel challenging or overwhelming as a parent or caregiver.

These events are open to adults of the Bing Nursery School Community.
To learn more about upcoming events, visit our website: bingschool.stanford.edu/parents

The mission of the Kordestani Family Program for Parents and Educators is to foster a community dedicated to improving the lives of young children and their families

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