Presented by Kelly Etter, Ph.D. & Darryl Etter, Psy.D.

Research suggests that “toxic stress” can affect children’s brain development, learning, behavior, and lifelong health outcomes. This workshop deepens practitioners’ understanding of toxic stress and how they can lessen its effects through sensitive, responsive caregiving relationships. It also offers practical suggestions for ECE professionals to improve their own emotional well-being, focusing on stress management, self-care, and burnout prevention so they can maintain long-term positive influence in their caregiving communities.

Educator Seminar

Supporting Teacher Well-Being & Caregiving Relationships to Buffer Toxic Stress

Monday, April 25, 7:00-8:30pm

RSVP Required: $30 | Registration Opens Monday, March 28

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