Exploring food allergies, intolerances and mood

Join us for a virtual conversation, BYOC (Bring Your Own Coffee!).

Join us: Wednesday, November 11, 2020
2:00-3:00 PM

Hosted by: Former Bing Parent Dr. Beverley Rider

Location: Online via Zoom

After earning her PhD in Microbiology and Immunology, Beverley served Silicon Valley as a biotech scientist for over ten years. But when her daughter's health declined, she discovered the healing power of food and her passion for nutrition took off. Upon graduating from Bauman College and successfully cracking her daughter's and her own health code, she set out to help others untangle their "undiagnosable" conditions. Bev now practices as a nutritionist in San Jose, CA educating and helping others with histamine excess, anxiety and migraines. When she's not buried in research, Bev enjoys spending time with her daughter and her pup on their favorite trails. Join us for a conversation with Dr. Beverley Rider exploring food allergies, intolerances and mood.

These events are open to adults of the Bing Nursery School Community.

To learn more about upcoming events, visit our website: bingschool.stanford.edu/parents

The mission of the Kordestani Family Program for Parents and Educators is to foster a community dedicated to improving the lives of young children and their families.

850 Escondido Road, Stanford, CA 94305-7120 • T. 650-723-4865 • F. 650.725.1270 • bingschool.stanford.edu